



## INTRODUCTION

The Club Ciclista Dumbría and Emesports, organize the sporting event named Gran Fondo Ézaro – Costa da Morte 2018. This event is included in the UCI Grand Fondo World Series calendar, the only event that counts for scoring in Spain.

UCI Grand Fondo World Series, is made up of 22 sporting events worldwide and is regulated by the Union Cycliste Internationale, in the UCI cycling regulation, title XV Cycling for all, chapter V.

Gran Fondo Ézaro – Costa da Morte 2018, shall take place in 8 July 2018, with the authorizations of the Union Cycliste Internationale, the Spanish Royal Cycling Federation and the Galician Cycling Federation, under the following regulations.

## ARTICLE 1. DEFINITION

The event will take place on 8 July 2018, with the start and finish line in Ézaro (Dumbría). The format of the event is governed by chapter XV UCI Cycling Rules and Regulations – Cycling for all and will develop as follows:

### OPTION 1 – LONG ROUTE

Cascada do Ézaro – Alto Mirador do Ézaro. 141.30 km with 3010 m of slopes

### OPTION 2 – SHORT ROUTE

Casacada do Ézaro – Alto Mirador do Ézaro. 75.20 km with 1800m of slopes.

## ARTICLE 2. PARTICIPATION

The race shall be open to all who are interested, licence holders in the current year as well as those without a licence.

The minimal age required to take part in the race is 15.

Participants, who are 15-16 years old, must only do the short route, and must give in an authorization from a parent or tutor, to participate in the short route, when getting the race number.

It is compulsory for licence holders, to have a valid licence from the cycling federation, from the Galician Triathlon<sup>1</sup> Federation, or sign up for a day licence, that include an insurance, issued by the Galician Cycling Federation.

According to the agreement signed with the Galician Cycling Federation for the year 2018

The licences previously mentioned, are the only valid licences that are valid and accepted by the organization of the event, to participate.

The rider is fully responsible of his/her participation in the event and of the risks the racer may take.

By entering, the participant confirms that he/she is physically and mentally fit to take part in the event and has no physical or mental handicap to race.

If, when entering, the participant does not have a licence, a day licence will be issued by the organization, permitting the participant to take part in the event, with its corresponding insurances (accidents and Civil Liability) under the Galician Cycling Federation's terms.

**Accident Insurance covered by the policy number 2018-CGA-DP-0000001 from Mutuasport.**

[http://www.fgalegaciclismo.es/sites/default/files/arquivos/poliza\\_condiciones\\_generales\\_y\\_particulares\\_para\\_gallega\\_2018\\_web.pdf](http://www.fgalegaciclismo.es/sites/default/files/arquivos/poliza_condiciones_generales_y_particulares_para_gallega_2018_web.pdf).

**Civil Liability covered by the policy number 042679106 by Allianz Seguros**

[http://www.fgalegaciclismo.es/sites/default/files/arquivos/poliza\\_de\\_rc\\_2018\\_allianz\\_completa\\_web.pdf](http://www.fgalegaciclismo.es/sites/default/files/arquivos/poliza_de_rc_2018_allianz_completa_web.pdf)

## ARTICLE 3. PARTICIPATION CATEGORIES

Because it's a sports event valid for scoring, UCI Gran Fondo World Series, the participating categories will be as follows.

### LONG ROUTE PARTICIPANTS THAT CAN QUALIFY IN THE UCI GRAN FONDO WORLD SERIES

Ages ranging from 19 – 34, men and women

Ages ranging from 35 – 39, men and women

Ages ranging from 40 – 44, men and women

Ages ranging from 45 – 49, men and women

Ages ranging from 50 – 54, men and women

Ages ranging from 55 – 59, men and women

Ages ranging from 60 – 64, men and women

*The age groups will be defined by the participant's age up to 31 December 2018.*

### SHORT ROUTE PARTICIPANTS THAT CAN QUALIFY IN THE UCI GRAN FONDO WORLD SERIES

65 years old or more, men and women.

The age groups will be defined by the age of the participants up to 31 December 2018

### SHORT ROUTE PARTICIPANTS

One men

One women

## ARTICLE 4. DAY LICENCE

The Galician Cycling Federation shall issue a day licence to those not federated, with the corresponding 10.00€ fee, along with the inscription fee. Those with a cycling licence or a licence issued by the Galician Triathlon Federation, will pay 5.00€ for a day licence.

The participants with a day licence won't enter in the age categories specified in the previous article.

## ARTICLE 5. SECURITY

**The organization of the event, follow the Road Traffic Rules and Regulations, therefore, the use of an approved helmet is compulsory throughout the entire race. In case of failure to comply with this rule, there will be immediate expulsion.**

All participants are considered to be on a personal excursion, and therefore must follow the road traffic rules currently in force and are personally responsible of all the traffic violations that he/she may commit.

It is obligatory to carry a charged mobile phone at all times. A mobile phone is essential to contact the emergency number in your race number, in case of mechanical problems or medical issues.

Security Corps is responsible for public and road safety and for the control and regulation of traffic, but it must be taken into account that traffic will be open throughout the route and that, above all, riders must cycle following the Road Traffic Regulations.

The event is not a competition but a cycling route. This must be kept in mind when crossing towns, riding on the right lane, when circulating in roundabouts and junctions, going down slopes, etc.

It's compulsory to wear the race number in a visible place, in the start line as well as in the provision points. A rigorous control of the race numbers will be done.

The race number is personal and not transferable.

A chip must be worn, according to the instructions the organization will give, to control the times of the riders.

The organization shall do the following regroupments and pass controls:

The start of the route from Muxía to Ézaro, will be controlled by the organization, with the collaboration of the route's Road Safety Mobile Unit, cycling at a speed of 20 km/h in this stretch of the road.

**A regroupment of 3 minutes will be done in Muxía.**

*Apart from this regroupment, a **first point of control will be established in Muxía**. Any participant who hasn't left Muxía by 10:30 will be left out from the protections of the route and will be considered as an independent rider on the road. He/she will not be considered as a participant of the route, in spite of wearing the corresponding race number. This means that the rider will be overtaken by the vehicle that recedes the route and the following caravane.*

**SECOND CONTROL POINT – CROSSING TOWARDS THE ÉZARO AREA (AC-550 CON DP-2308).**

*At this point, kilometre 72.60 of the route, the participants in the short route must take the left hand turn towards the ascent to the Mirador do Ézaro. This manoeuvre must be done with caution, indicating to other cyclists that are coming behind. Any participant in the long route, that arrives at this point later than 12:20, must deviate towards the Mirador do Ézaro's ascent and refrain from doing the long route. The participant that breaks this rule will be considered as an independent rider on the road. He/she will not be considered as a participant of the route, in spite of wearing the corresponding race number. This means that the rider will be overtaken by the vehicle that recedes the route and the following caravane.*

**THIRD CONTROL POINT, MUROS Km 104**

*Any participant that reaches this point later than 13:45, will be left out of the protection area and shall be considered as an independent rider on the road. He/she will not be considered as a participant of the route, in spite of wearing the corresponding race number. This means that the rider will be overtaken by the vehicle that recedes the route and the following caravane.*

At this control point, the participant in this situation will be obliged to get in the rear vehicle to return to Ézaro.

**FOURTH CONTROL POINT, PAXAREIRAS Km 120.**

*Any participant who reaches this point later than 14:45, will be left out of the protection area and will be considered as an independent rider on the road. He/she will not be considered as a participant of the route, in spite of wearing the corresponding race number. This means that the rider will be overtaken by the vehicle that recedes the route and the following caravane.*

At this control point, the participant in this situation will be obliged to get in the rear vehicle to return to Ézaro.

Apart from all the controls mentioned above, the organization, or the Road Safety Mobile Unit in charge of the safety of the event, may carry out the regroupings that they consider best, along with all the pass controls that are considered necessary for the positive progress of the event.

**All participants must respect traffic rules and regulations, especially all participants that fall behind and ride individually and/or as small groups. Vehicle circulations will not be closed.**

All participants overtaken by the rear vehicle, should know that they will not be under the protection of the event and they will be considered as individual cyclists that are riding on the road on their account, losing their condition of participant of the route.

The organization's medical team, have the authority to pull out of the route any participant whose health is considered to be in danger.

For organizational reasons, the number of participants will be limited to 1100.

The Organization is not responsible for any accidents that a participant may cause or be victim of, and it will not be responsible for any expenses or debts the participants may contract during the route.

**A penalty will be strictly given to those participants who:**

Don't respect road rules

Don't respect safety measures indicated by security corps and by the organization.

Deteriorate the route by throwing waste.

Have a support vehicle, holding up other riders.

Behaviour that impedes the normal development of the event and go against the present rules and regulations.

**The penalties will be as follow:**

Inclusion in the participants sanctioned list, for its publication.

Prohibition to participate in other of the event's editions.

Sanctions imposed by the authorities, due to the participant's conduct.

## ARTICLE 6. PHYSICAL CONDITION

Each sports person is responsible for their own person and declare they are in optimum physical condition and dominate the techniques required to face the event.

The organization advises all participants to go under a medical examination previous to the event, so as to detect or rule out any anomalies incompatible with the cycling.

All participants in the route, have to be in an adequate physical condition, that will enable to comply with established time-tables by the organization and face the programmed route with guarantees.

## ARTICLE 7. ENTRY

Entries won't be considered formalized until payments are made.

The entries will be done in advance in the web site: <http://www.granfondoezaro.com/>, in the entry section <http://emesports.es/>, or in person in the collaborating establishments with the event enclosed in this document.

### ENTRY PHASES

#### INVITATION PHASE

There will be a first entry phase, inviting participants who took part in last year's event. This entry phase will have a special price until 09:59, 10 March. The participants who do not note themselves down in this period of time, will move on to form part of the normal periods.

#### ORDINARY PHASE

The ordinary phase of the entry will begin on 10 March 2018 at 10.00 and will end on 31 May of 2018 at 23.59.

The participants who register between the mentioned dates and times, will have a discount on the entry price. They will also receive a gift: a commemorative vest of the event, reserving the size needed.

#### FINAL PHASE

This final entry phase will be for participants who register between 1 June 2018 and 24 June 2018 at 23.30. From this moment, this entry period will be closed.

***The entries will be officially closed on 24 June 2018 at 23.30, or if the limit number of participants is reached.***

## ARTÍCULO 8. PAYMENTS

The entry fees for the participants who are licence holders are:

### PARTICIPANTS FEDERATED IN CYCLING

#### PARTICIPANTS WHO ARE NOTE DOWN IN THE ORDINARY PHASE, BEFORE 31 MAY 23:59

Participation 43.00 €

#### PARTICIPANTS WHO ARE NOTED DOWN IN THE FINAL PHASE

Participation 52.00 €

### PARTICIPANTS NOT FEDERATED

The participants who do not have a current federative licence, nor a cycling licence, nor a Galician Triathlon Federation licence, must add a 10.00 € fee to the entry cost for a one-day insurance the Galician Cycling Federation has established.

Therefore the entry fees are:

#### PARTICIPANTS THAT ARE NOTED DOWN IN THE ORDINARY PHASE, BEFORE 31 MAY AT 23:59

Participation 53.00 €

#### PARTICIPATION THAT ARE NOTED DOWN IN THE FINAL PHASE

Participation 62.00 €

### PARTICIPANTS NOT FEDERATED IN CYCLING, WITH A CYCLING LICENCE OR FEDERATED IN THE GALICIAN TRIATHLON FEDERATION.

The participants who don't have a current federative cycling licence, but have a cycling licence or a licence from the Galician Triathlon Federation, must add 5.00 € to the cost of the entry, so the entry fees are:

#### PARTICIPANTS NOTED DOWN IN THE ORDINARY PHASE, BEFORE 31 MAY AT 23:59

Participation 48.00 €

#### PARTICIPANTS NOTED DOWN IN THE FINAL PHASE

Participation 57.00 €

The entries won't be considered formalized until payments are made.

In case of bad weather conditions or any cause not attributable to the organization that may prevent the cycling route from taking place, the organization shall not take any responsibility or make any refunds of the entry fees. In this case, **the event would not be cancelled**, it would be postponed and held at another date.

**A refund would be done in the following circumstances:**

*The participants who entered in the first phase and could not participate in the event for whatever reason, and notifies it via email before 10 June, will have a refund, minus 2.00€ of bank commission, and won't be entitled to receive the participant bag.*

*The rest of the participants, or those who did not notify their absence as requested on 10 June, will not have a refund of their entry fee, but will be entitled to receive in their home address the participant bag or pick it up personally.*

*The entries are strictly personal and not transferable and cannot be used by another person. It's not possible to substitute a rider for another, unless they have the organization's full consent.*

**With the entry, the participant will be entitled to:**

Race number and CHIP.

Souvenir of the event.

Solid and liquid food.

Mechanical assistance, pieces not included.

Security personnel.

Route profile.

Asistencia médica (Médicos, Ambulancias).

Duchas, aseos y vestuarios.

Bolsa del corredor.

Chaleco paravientos.

Comida al finalizar la marcha.



## ARTICLE 9. SCHEDULES AND PROGRAMMING 8 JULY

6:00 a 7:45	Opening of the Permanent Office
8:30	Closing of the entrance of participants in the start area
8:40	Calling to the start area
8:45	Presentation of the guest riders and formation of grids at the start line
8:55	The protocol cutting of the ribbon
9:00	The start of the route
11:40	Estimated arrival of the first participant of the Short Route
12:40	Estimated arrival of the last participant of the Short Route
14:00	Estimated arrival of the first participant in the Long Route
13:30	Opening of the food point
15:30	Estimated arrival of the last participant of the Long Route
16:00	The prize-giving ceremony and gifts

## ARTICLE 10 . ACREDITACION AND REMOVAL OF RACE NUMBERS

For the collection of all the documentation of the event, a permanent office will be established in Ézaro, in the Fervenza do Ézaro area.

On 7 July, the previous day, the Permanent Office will be situated in the Fervenza do Ézaro area, from 12:30 to 14:30 and from 17:00 to 21:00, where all participants may get the event documents, as well as the race numbers and control CHIPS.

On 8 July, the permanent Office shall be in the Fervenza do Ézaro area, from 6:30 to 8:00, where all participants must get the event documents, as well as the race numbers and the control CHIPS.

It's compulsory for all participants to wear the CHIP, along with the race number in a visible place. The participant whose race number isn't visible will be excluded from the route by members of the organization or security personnel.

The race number is personal and not transferable. The person registered can only participate with the designated number and mustn't allow any other to use it.

To remove the race number, a current federative licence must be presented. If not in possession of a federative licence, the participant must present ID.

As from 8:00 8 July, no more race numbers shall be given. The participants who haven't accessed the Fervenza do Ézaro area, must go to the start line in Ézaro beach.

As from 8:30 participants will be denied access to the Fervenza do Ézaro area.

## ARTICLE 11. PRIZES AND CLASSIFICATION.

Prizes will be given to participants who first classify in each of the categories mentioned in article 3 in the present rules and regulations. An official UCI Gran Fondo World Series maillot will be given to the winner of each of the categories specified in point a) of article 3 in the present rules and regulations. A special award will be given as a recognition, to the most numerous team of the event.

## ARTICLE 12 . IMAGE RIGHTS

The participants authorize the use of photographs, only if it's use is related to the subscribed event. With the entry, the participants permit the organizer to use the image of the riders in any format, whether it's graphic or digital, in all its forms (radio, newspapers, video, photo, DVD, internet, posters, means of communication, etc) and cedes all rights related to its commercial and advertising exploitation which is considered opportune, without being entitled to receive and economic benefit of any kind.

## ARTICLE 13. PROVISIONING

The event offers provisioning points with food and drink during the route and in the arrival.

The personnel in the provisioning points will give the products only to the participants who where the race number or the identification bracelet.

**The provisioning points are:**

***MUXIA, kilometre 30. Solids and liquids.***

***O PINDO, kilometre 70. Solids and liquids.***

***MUROS, kilometre 104. Solids and liquids.***

***ALTO DE PAXAREIRAS, kilometre 119. Solids and liquids.***

***ARRIVAL AREA. Solids and liquids.***

## ARTICLE 14. PUBLIC-SPIRITIDNESS AND RESPECT

The participants accept each and every one of the articles of these rules and regulations and commits to participate with an adequate conduct, following Road Rules and Regulations as well as completing the routes in its totality before crossing the finish line. Moreover, participants must be respectful towards the organization's personnel, security forces and the rest of the riders.

Participants also commit to treat one's material and others with respect and use a standard helmet at all times during the route.

In order to contribute to a minimum environmental impact in the event, riders must use the containers in the provisioning and strategic points to dispose of bottles, cans, tins, wrappings or food wastes, and will refrain from throwing away any waste on the road throughout the route.

## ARTICLE 15. GENERALITIES

Punctuality must be respected. Riders must be 30 minutes before the start time to sign the control papers before starting the route.

The organization will have mechanics and vans throughout the event and in the mechanical assistance points. The spare parts will be refunded to the participants.

The organization will have ambulances and a sag waggon.

## ARTICLE 16. LOGISTICS

The organization reserves the right to modify anything in relation to itinerary, provisioning points, start time, etc, when the circumstances or the situation requires it.

## ARTICLE 17. PERSONAL DATA PROTECTION

According to the EU Regulation 2016/679 on personal data protection, all the information given by the participants shall be included in an electronic file property of Eze Mosquera Events, with the only use of registering and controlling the access of participants to the sporting event mentioned in the present regulation. The data will not be used for any other motive other than the event nor it will be given to anyone who isn't related to the event. The necessary information shall be given to the Galician Cycling Federation to give the one-day licences to the participants who do not possess the federative licence, and for the control of participants who indicate to have a federative cycling licence, cycling licence of the Galician Triathlon Federation.

All participants that fill in the entry, must act in their own name and accept the awareness and the compliance of the articles that make up the rules and regulations of this event.

## ARTICLE 18

Once the entry to the event is validated and in effect, the participant accepts the terms of the present regulation, relinquishing any legal procedure against the organization.

### BASIC GENERAL RULES FOR THE CONTINUITY OF GRAN FONDO ÉZARO – COSTA DA MORTE

**THE GRAN FONDO ÉZARO – COSTA DA MORTE**, is a road cycling route. The traffic shall be controlled, but open for circulation, therefore participants must respect the current road traffic rules and regulations and respect the drivers during the route.

**RESPECT THE ENVIRONMENT.** Participants shall use the containers in the provisioning points to dispose of their bottles, cans, tins, wrappings or food wastes and will refrain from throwing anything to the road throughout the route, so as to cause a minimal environmental impact.

Respect inhabitants and workers of the area where the route passes through.

Respect volunteers, collaborators and colleagues from the Civil Protection Force, Local Police, the Civil Guard, the organization's staff and people working for your safety, as well as your fellow riders.

Respect all provisioning points. Please consider that more participants shall come behind you and will also need food and drink, therefore only get the necessary provisions you need until the next provisioning point.

Don't stop with your bike in front of a provisioning point so that your bottles can be refilled, that forms a hold up.

Do not urinate next to the provisioning points.

***The participants that do not follow these rules shall be disqualified and removed from the route by the organization in this edition and in the ones to come.***

## COLLABORATING CENTRES FOR PRESENTIAL ENTRY

### BICICLETAS TRIKI

Ruero Agra De Baño, 0 S N  
15259 Baño - Muros

### BICICLETAS OLIVEIRA

Rúa de Sánchez Freire, 83  
15706 Santiago de Compostela

### MC BIKES

Rúa Malecón de Cadarso, 15-17  
15200 Noia

### Sport Bike

Rúa Insúa, 4  
15960 Riveira

### TREK BICYCLE STORE CORUÑA

Av de Flnisterre, 281  
15008 A Coruña

### LaFuga Cycling

Ctra. N VI Km 600  
15179 Oleiros - La Coruña

### TREK BICYCLE STORE OURENSE

Ctra. de Vigo 57 B  
32001 Ourense

### TRAMO LIBRE

Porriño, Pontevedra

